

2010 Guide CD-ROM Insert

You may cut out and insert this information into the CD-ROMs you distribute to others. It has been formatted to fit into the CD case.

Contents of CD

This Guide offers a broad overview of adolescent and young adult health. It is intended to help translate the key objectives for youth into a vision and plan for improving the health, safety, and well-being of adolescents and young adults in their communities.

Executive Summary – Synopsis of each chapter and a table of the national baseline data and 2010 target markers for the 21 Critical Health Objectives

Complete Document – Includes the table of contents, foreword, acknowledgements, preface, chapters and references.

The Guide may also be downloaded as individual files:

Cover – 1-page, color cover of the document.

Introduction – Includes table of contents, foreword, acknowledgments, and preface.

Chapter 1 – National Initiative to Improve Adolescent Health

Chapter 2 – Health Status of Adolescents & Young Adult

Chapter 3 – Improving Adolescent Health

Chapter 4 – Using Data to Shape Your Adolescent Health Program

Chapter 5 – Getting Started

Chapter 6 – Taking Action

Chapter 7 – Sustaining the Intervention

Closing – Take-home Message about Improving Adolescent Health

Chapter 8 – List of Federal Resources

References

For more information, please visit: <http://nahic.ucsf.edu/2010guide>

Or email: nahic@itsa.ucsf.edu