

# National Adolescent Health Information Center

NAHIC

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All of our publications can be downloaded from our web site: <http://youth.ucsf.edu/nahic>

## Adolescent Health Data

*America's Adolescents: Are They Healthy? (2003)*

Using the most current national adolescent health data available, this document covers a range of topics, including demographics, health care access and utilization, mortality, and risky behaviors.

*Briefs & Fact Sheets*

NAHIC briefs and fact sheets are concise and easy to use. They have the most up-to-date information on specific topics. Current and forthcoming briefs & fact sheets include:

- Clinical Preventive Health Services
- Mental Health
- Obesity
- Substance Use
- Unintentional Injury
- Demographics
- Mortality
- Reproductive Health
- Suicide
- Violence

## Synthesis & Recommendation Documents

*Research Priorities in Adolescent Health: An Analysis and Synthesis of Research Recommendations (2000)*

This report reviews 53 national reports on adolescent health, provides a collective assessment of the state-of-the-art-science, and articulates a national adolescent health research agenda.

*Improving Adolescent Health: An Analysis and Synthesis of Health Policy Recommendations (1997)*

This report reviews over 1,000 adolescent health policy recommendations, and identifies consensus policy priorities and barriers to policy implementation.

*Youth Violence: Lessons from the Experts (1998)*

This monograph discusses the factors that contribute to youth violence, presents current findings on ways to protect children and youth from violence, and contains recommendations for program evaluation.

## Program and State Strategic Planning Tools

*Improving the Health of Adolescents and Young Adults: A Guide for States and Communities (2004)*

This is the companion document to the *Healthy People 2010* 21 Critical Objectives. It offers guidance and resources for national, state and local adolescent health leaders to undertake the initiatives related to the 21 Critical Objectives.

*Investing in Adolescent Health: A Social Imperative for California's Future (2000)*

This strategic plan presents a health profile of California's youth and offers policy recommendations. A link from the NAHIC web site provides access to other tools, such as the *2003 Guide to Local Adolescent Health Data Sources in California*.

*Assuring the Health of Adolescents in Managed Care: A Quality Checklist for Planning and Evaluating Components of Adolescent Health Care (1998)*

This tool serves as a checklist for professionals to plan and evaluate health care components for adolescents in managed care settings.

*Improving the Health of Youth: A Guide for State-Level Strategic Planning and Action (forthcoming)*

In close collaboration with the State Adolescent Health Resource Center and Konopka Institute, University of Minnesota, NAHIC has written a monograph to offer State Adolescent Health Coordinators and others guidance in developing strategic health plans for their states.

## Health Care Services Resources

*Investing in Clinical Preventive Health Services for Adolescents (2001)*

This document defines clinical preventive services for adolescents and describes related professional recommendations, and explores barriers to the delivery of these services.

*Adolescents and the State Children's Health Insurance Program (CHIP): Healthy Options for Meeting the Needs of Adolescents (1999)*

This report highlights the potential impact of CHIP for adolescents, provides case studies of innovative strategies, and makes recommendations for how to better reach and serve adolescents who are eligible for or enrolled in CHIP.

### Background on NAHIC

The National Adolescent Health Information Center was established with funding from the Maternal and Child Health Bureau in 1993 (4H06 MC00002) to serve as a national resource for adolescent health research and information to assure the integration, synthesis, coordination and dissemination of adolescent health-related information.

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