

Screening Guidelines for Young Adults ages 18-26  
National Adolescent and Young Adult Health Information Center  
University of California, San Francisco

	US Preventive Services Task Force (USPSTF)		Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents	American Congress of Obstetricians and Gynecologists (ACOG)	American Academy of Family Physicians (AAFP)	American College of Physicians (ACP)
Age Groups	Adolescent Ages 11-17	Adult Ages 18-26	Adolescent Ages 11-21	Adult Ages 18-26	Adult Ages 18-26	Adult Ages 18-26
<b>Substance Use</b>						
Alcohol (screening and counseling)		√	√	√	√	√
Tobacco (screening and counseling)		√	√	√	√	√
Other Illicit Drugs (screening and counseling)			√	√		
<b>Reproductive Health</b>						
STI screening (counseling)	+	+	+	√	+	+
HIV	√	√	+	√	+	+
Chlamydia (Female)	+		+	+		
Chlamydia (Male)			+			
Syphilis	+	+	+	√	+	+
Gonorrhea	+	+	+	√	+	+
Birth Control Methods			+	√		
<b>Mental health/Depression</b>						
Suicide screening			√	√		
Depression	√	√	√	√	√	√
<b>Nutrition/Exercise/Obesity</b>						
Cholesterol		+	√	√	+	+
Healthy Diet		+	√	√	+	+
Hypertension/Blood Pressure		√	√	√	√	√
Obesity/BMI	√	√	√	√	√	√
Physical Activity Counseling			√			
<b>Infectious Disease/Immunization (CDC)</b>						
Tetanus, diphtheria, pertussis (Td/Tdap)	√	√	√	√	√	√
Human papillomavirus	√	√	√	√	√	√
Varicella	√	√	√	√	√	√
Measles, mumps, rubella	√	√	√	√	√	√
Influenza	+	√	√	√	√	√
Pneumococcal (polysaccharide)	+	+	√	√	+	+
Hepatitis A	+	+	√	√	+	+
Hepatitis B	√	+	√	√	+	+
Meningococcal	√	+	√	√	+	+
Polio	√		√			
<b>Safety/Violence</b>						
Family/Partner Violence	√	√	√	√		
Fighting			√	√		
Helmets			√	√		
Seat belts			√	√		
Alcohol While Driving			√			
Guns			√	√		
Bullying			√			

√ = Recommended  
+ = If "at risk"

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