

**Adolescent & Young Adult Health** **CoIIN**

# **NATIONAL STRATEGIES**

**Adolescent & Young Adult Health**  
National Resource Center

# Cross-Cutting Practices

(embedded in all national strategies)

- Routinely partner with youth
- Address health literacy (youth, young adults, parents)
- Use public-private partnerships with key organizations
- Engage other important stakeholders, e.g. healthcare professionals, parents/caregivers, and youth-serving organizations, etc.
- Identify opportunities to support the *Healthy People 2020 Foundation Health Measure* of achieving health equity, eliminating health disparities, and improving the health of all groups

# NATIONAL STRATEGIES

1. Improve access & uptake of preventive services
2. Improve the quality of preventive services
3. Improve state/systems-level policies & practices to assure access to high-quality preventive services

# 1 Improve access & uptake of preventive services

Adolescents

Young Adults

- Improve outreach and enrollment for insurance
- Improve education/marketing about the value of the preventive visit in partnership with stakeholders
- Collaborate with Federally Qualified Health Centers (FQHCs) to assure optimal utilization
- Leverage opportunities at existing clinical encounters with AYAs (e.g. acute/illness visits, sports physicals, contraceptive counseling)

## 2 Improve the quality of preventive services

Adolescents

Young Adults

(strengthen clinic-level policies & practices to support AYA-centered care)

- Train providers & staff to strengthen capacity to provide AYA-centered care
- Strengthen clinic policies & practices to support AYA-centered care
- Leverage existing AYA categorical health care services to include well care (e.g., sports physicals, immunizations, family planning)

# 3 Improve state/systems-level policies & practices

Adolescents

Young Adults

- Strengthen & link AYA care to other systems
- Strengthen confidentiality policies
- Assure compliance with the Early Periodic Screening, Diagnosis and Treatment (EPSDT) program and adherence to current standards
- Adopt and promote the [Bright Futures/AAP Periodicity Schedule](#)
- Integrate *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents*
- Promote existing AYA quality measures
- Strengthen policies to leverage existing AYA services for well care
- Address policies and practices to assure access to high quality preventive services for the most vulnerable, e.g. those in foster care & juvenile justice systems