

whatever you call it

- Annual Visit
 - Well-Child Visit
 - Yearly Check-Up
 - Wellness Exam
 - Child & Teen Check-Up
- adolescents & young adults
need one every year

nahic.ucsf.edu/resource_center/



1x
every
year

Teens and young
adults should
receive a well
visit annually.

@ a clinic near you

Adolescent
& Young Adult
WELL-VISIT

👉 where do
adolescents & young
adults learn to
navigate the health
care system?



@ a clinic near you

Just ask for an
Annual Check-Up



TASK #7

Learn to
navigate the
health care
system

@ a clinic near you

Adolescent
& Young Adult
WELL-VISIT



PARENTING TIP:

Teens and young adults still need an
ANNUAL CHECK UP

- 📍 American Academy of Pediatrics liked
- 📍 Centers for Disease Control Retweeted



TheRealBenFranklin@1706...

An ounce of #prevention
is worth a pound of cure.

always available @ a clinic near you

