



Young Adult Mental Health & Suicide Prevention: Reaching Them Where They Are

Wednesday, April 8th, 2:00-3:00 pm EST

Speaker Bios



Kerri Nickerson, LCSW, MPH

Director of Grantee and State Initiatives
Suicide Prevention Resource Center (SPRC)
Education Development Center, Inc.

Kerri Nickerson is a public health expert and experienced manager who currently serves as the Director of the Grantee and State Initiatives Team at the Suicide Prevention Resource Center at EDC. In this role, Ms. Nickerson leads the team that provides consultation and support to state agencies, tribal nations, institutions of higher education, professional organizations, coalitions and other constituents who are working to advance the National Strategy for Suicide Prevention. Ms. Nickerson has over fifteen years of experience in mental health promotion and public health, with a specific focus on providing capacity-building training and support around strategic program design and implementation. She has experience developing online and virtual trainings for broad audiences, and has presented at an array of professional conferences and expert panel meetings. Prior to joining EDC, Ms. Nickerson worked in a variety of settings including higher education, early education, and reproductive health. Ms. Nickerson is a licensed social worker in the state of Massachusetts and holds an MSW and MPH from Boston University.



Sara Gormon

Director of High School Programming
The JED Foundation

Sara joined JED from Johnson & Johnson Global Public Health, where she was responsible for a large community-based mental health effort in sub-Saharan Africa. As a public health specialist and author, she has also written extensively about mental health, global health, and the intersection of public health and psychology, among other topics. Sara's book, *Denying to the Grave: Why We Ignore the Facts That Will Save Us*, published by Oxford University Press in 2016, explores the psychology behind irrational health beliefs and decisions. Sara's work has appeared or been reviewed in *TIME*, *The New Yorker*, *Science*, *Psychology Today*, *The Atlantic*, *BBC*, *NPR*, and *Quartz*. Sara holds a PhD from Harvard and an MPH from Columbia University Mailman School of Public Health.

Hosted by:





Young Adult Mental Health & Suicide Prevention: Reaching Them Where They Are

Wednesday, April 8th, 2:00-3:00 pm EST

Related Resources

Love is Louder Action Center

<https://www.loveislouder.org/>

JED Foundation's Love is Louder Action Center provides resources and tips for taking care of physical and mental health, and supporting each other during this time of uncertainty.

Suicide Prevention Resource Center

<http://www.sprc.org/covid19>

In response to social distancing measures and the overwhelming amount of news about the current coronavirus (COVID-19) pandemic, the Suicide Prevention Resource Center ([SPRC](https://www.sprc.org/)) has compiled a selection of resources on mental health and coping during this difficult time.

We invite you to share this resource with your networks, including the following social media posts:

- **Twitter:** Looking for information on #mentalhealth and coping with the effects of #COVID19? Check out this resource list from @SPRCtweets: <https://go.edc.org/covid19-resources>
- **Facebook:** Looking for information on #mentalhealth and coping with the effects of #COVID19? Check out this resource list from @SuicidePreventionResourceCenter: <https://go.edc.org/covid19-resources>

Hosted by:

