

Are you interested in:

- Improving access and quality of the preventive visit?
- Expanding your focus on young adult health?
- Increasing awareness of adolescents and young adult's mental health issues?

**We can help!**

- ✓ Assist with Block Grant activities (e.g., identify state/territorial outcome and performance measures)
- ✓ Develop & refine action plans, using evidence-based strategies
- ✓ Engage and partner with adolescents and young adults
- ✓ Develop and strengthen partnerships

**We do this through...**

- ✓ Technical assistance, such as phone consultation, webinars and learning communities
- ✓ Providing tools and resources
- ✓ Sharing best practices & lessons learned from other states and territories
- ✓ And more!

**The Annual Well Visit  
(National Performance Measure #10)**

We can help with strategies to improve access, uptake and quality related to the well visit, such as:

- Market well visits to young people and their families
- Partner with clinics on quality improvement initiatives
- Improve developmentally-appropriate care (e.g., time alone & confidential care)
- Adapt the sport physical to be more comprehensive
- Strengthen Title V-Medicaid partnerships (e.g., align with Bright Futures periodicity schedule)

Selected Tools & Resources:

- Marketing/publicity materials and archived webinars
- Screening checklists for adolescent & young adult well visits
- Patient satisfaction survey and tools for youth engagement
- Plus, many guidelines and tools developed by other states

**Why do Young Adults Matter?**

National Performance Measures are relevant for young adults, including:

- NPM 1: Well woman visit
- NPM 10: Adolescent well visit
- NPM 12: Transition to adult care

Plus, many states address areas of adolescent health that worsen in young adulthood:

- Motor vehicle deaths, drinking & driving, homicide
- Substance abuse/use
- Sexually transmitted infections

**And many states already have performance & outcome measures in these areas!**

**Adolescent and Young Adult Mental Health Issues**

We are leading the Adolescent and Young Adult Behavioral Health CoIIN.

We have tools to guide Title V programs in developing public health – primary care partnerships to improving screening for depression and other mental health issues. Stay tuned for lessons learned and let us know how we can help!

Interested in developing state performance and/or outcome measures related to mental health (including Trauma Informed Care)? - We can help with this, too!

# Organizations & Staff



*The University of California, San Francisco (UCSF) is the lead organization for the AYAH Center. UCSF houses the National Adolescent and Young Adult Health Informational Center (NAHIC), a national leader in conducting and synthesizing research across a broad range of topics in AYA health, health care, and health policy.*

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*The Association of Maternal & Child Health Programs (AMCHP) was founded in 1987 to protect and promote the optimal health of women, children, and families, including those with special health care needs. AMCHP builds successful programs by disseminating best practices; advocating on member's behalf; convening leaders to share experiences and ideas; and providing technical assistance to states.*

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*The National Improvement Partnership Network (NIPN) was established in 2009 to pool resources and share lessons learned among and across developing and existing state Improvement Partnership (IP) programs. NIPN currently has over 20 IPs across the U.S. that have demonstrated their ability to improve the quality of care and health outcomes for youth through continuous improvement efforts.*

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*The State Adolescent Health Resource Center (SAHRC) at the University of Minnesota has supported Title V staff across the U.S. with applied technical assistance, consultation, and training for 19 years. SAHRC's focus is how to translate and plan strategies to meet the unique needs of AYAs by helping state colleagues align, partner, and move good ideas to action.*

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