

| Preventive Service/Intervention   | All (√) | At Risk (+) | Screening Test/Procedure and Other Notes  |
|---|---------|-------------|---|
| <b>Nutrition/Exercise/Obesity/Skeleton</b>  |         |             |   |
| Hypertension/Blood Pressure †   | √       |             | √ Bright Futures*, <i>USPSTF insufficient evidence</i>  |
| <b>Obesity/BMI †</b>  | √       |             | <b>Screen ages 6-18 years; offer/refer to behavioral counseling</b>   |
| Healthy diet & physical activity  | √       |             | √ Bright Futures and National Heart, Lung & Blood Institute** (NHLBI)   |
| Scoliosis   | √       |             | √ Bright Futures, <i>USPSTF insufficient evidence</i>   |
| Dyslipidemia  | √       | +           | √ Bright Futures: one screening ages 9-11 & ages 17-21; + NHLBI with family risk factors; <i>USPSTF insufficient evidence</i> |
| <b>Substance Use</b>  |         |             |   |
| Alcohol (screening & counseling)  | √       |             | √ Bright Futures, <i>USPSTF insufficient evidence</i>   |
| <b>Tobacco (education &amp; counseling)</b>   | √       |             | <b>Screen up to age 18; brief counseling to prevent initiation of tobacco use</b>   |
| Unhealthy Drug Use (screening & counseling)   | √       |             | √ Bright Futures* and ACOG**, <i>USPSTF insufficient evidence</i>   |
| <b>Mental Health</b>  |         |             |   |
| <b>Anxiety</b> (screening & treatment)  | √       |             | <b>Screen for anxiety ages 8 to 18 years; offer/refer for treatment</b>   |
| <b>Depression</b> (screening & treatment)   | √       |             | <b>Screen for MDD ages 12+ w/adequate follow-up systems for care</b>  |
| Suicide Screening   | √       |             | √ Bright Futures and ACOG,*** <i>USPSTF insufficient evidence</i>   |
| <b>Safety / Violence</b>  |         |             |   |
| <b>Intimate Partner Violence (screening &amp; intervention) †</b>   | √       |             | <b>Screen women of reproductive age; Offer/refer to intervention services</b>   |
| Fighting  | √       |             | √ Bright Futures and ACOG   |
| Helmets   | √       |             | √ Bright Futures and ACOG   |
| Seat Belts  | √       |             | √ Bright Futures and ACOG   |
| Guns  | √       |             | √ Bright Futures and ACOG   |
| Bullying  | √       |             | √ Bright Futures only   |
| <b>Sexual/Reproductive Health</b>   |         |             |   |
| <b>HIV Screening</b>  | √       | +           | <b>USPSTF: screen all youths ages 15-18; screen ages ≤ 15 at increased risk</b>   |
| <b>Preexposure Prophylaxis for HIV Infection</b>  |         | +           | <b>Preexposure prophylaxis for those at high risk</b>   |
| <b>STI (screening &amp; counseling)</b>   |         | +           | <b>Behavioral counseling for all sexually active adolescents</b>  |
| <b>Syphilis (non-pregnant persons)</b>  |         | +           | <b>VDRL or RPR, treatment if indicated</b>  |
| <b>Syphilis (pregnant persons) †</b>  | √       |             | <b>VDRL or RPR, treatment if indicated</b>  |
| <b>Gonorrhea (females)</b>  |         | +           | <b>NAATs; test if ≤ 24 and sexually active</b>  |
| <b>Chlamydia (females)</b>  |         | +           | <b>NAATs; test if ≤ 24 and sexually active</b>  |
| Chlamydia & Gonorrhea (male)  |         | +           | √ Bright Futures, <i>USPSTF insufficient evidence</i>   |
| Birth Control Methods   | √       | +           | √ ACOG, + Bright Futures  |
| Pregnancy (counseling)  |         | +           | + Bright Futures  |
| <b>Cancer Screening</b>   |         |             |   |
| <b>Skin Cancer (counseling)</b>   |         | +           | <b>Counsel adolescents ages 10-18 with fair skin on reducing UV exposure</b>  |
| <b>Infectious Diseases, including CDC Vaccine Recommendations</b>   |         |             |   |
| <b>Adolescent-specific vaccinations</b>   |         |             |   |
| <b>Hepatitis B screening</b>  |         | +           | <b>Screening, counseling to prevent transmission, and treatment if indicated</b>  |
| <b>Human Papilloma Virus</b>  | √       |             | <b>HPV vaccine for male and females up to age 26; 2-3 lifetime doses</b>  |
| <b>Influenza</b>  | √       |             | <b>1 dose annually</b>  |
| <b>Meningococcal Quadrivalent</b>   | √       |             | <b>2-dose series at age 11–12 years; 16 years</b>   |
| <b>Serogroup B Meningococcal</b>  |         | +           | <b>Men B vaccine (2 or 3 dose series) to those 16-23 years old</b>  |
| <b>Td/Tdap</b>  | √       |             | <b>1 dose Tdap, then Td booster every 10 years</b>  |
| <b>COVID-19</b>   |         |             | See <a href="#">CDC recommendations</a> , given frequent changes in recommendations.  |
| <b>Catch-up vaccines:</b> Consult <a href="#">CDC recommendations</a> for catch-up vaccines in adolescence: Hepatitis A; Hepatitis B; Measles, Mumps, Rubella; Pneumococcal; & Varicella. |         |             |   |

**Bold = US Preventive Services Task Force (USPSTF) A or B Recommendation or CDC recommendations for immunizations.**

*Insufficient evidence: Current evidence is insufficient to assess the balance of benefits and harms of service.* √ = All adolescents; + = Adolescents at risk.

\* [Bright Futures](#): recommendations for annual visits up to age 21.

\*\*[National Heart, Lung & Blood Institute](#). Integrated Cardiovascular Health Schedule, recommendations ages 12-17.

\*\*\* [American Congress of Obstetricians and Gynecologists](#) (ACOG) recommendations, up to age 26.

† = Update of recommendation in progress

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See [Supplement document](#) for funding sources.