

Preventive Service/Intervention	All (√)	At Risk (+)	Screening Test/Procedure and Other Notes
<b>Nutrition/Exercise/Obesity</b>			
<b>Hypertension/Blood Pressure</b>	√		Screen every 3-5 years with BP < 130/85mm Hg w/ no other risks
Dyslipidemia Screening	√		√ Bright Futures once between ages 17-21
<b>Weight loss (prevent poor obesity-related outcomes) †</b>		+	Intensive behavioral counseling for those with BMI>=30
<b>Healthy diet &amp; physical activity</b>		+	Intensive behavioral counseling for those with CVD risk
<b>Substance Use</b>			
<b>Alcohol (screening &amp; counseling)</b>	√		NIAA Screening; AUDIT; √ Bright Futures
<b>Tobacco screening &amp; intervention counseling</b>	√		Screening; offer/refer to behavioral counseling interventions and/or pharmacotherapy (non-pregnant adults) or interventions for pregnant adults
<b>Unhealthy Drug Use (screening &amp; counseling)</b>	√		Screening; offer/refer to psychosocial interventions, and, where indicated pharmacotherapy
<b>Mental Health</b>			
<b>Anxiety</b>	√		Screen for anxiety disorders in adults 18-64, offer/refer to treatment
<b>Depression (screening &amp; treatment)</b>	√		Screening instruments: PHQ, EPDS; offer/refer to treatment
Suicide Screening	√		√ Bright Futures and ACOG, USPSTF insufficient evidence
<b>Safety / Violence</b>			
<b>Family/Partner Violence†</b>		+	HITS; OAS/OVAT; STaT; HARK; CTQ-SF; and WAST, women of reproductive age
Fighting	√		√ Bright Futures and ACOG
Helmets	√		√ Bright Futures and ACOG
Seat Belts	√		√ Bright Futures and ACOG
Guns	√		√ Bright Futures and ACOG
Bullying	√		√ Bright Futures only
<b>Sexual/Reproductive Health</b>			
<b>HIV</b>	√		HIV Screening
<b>Preexposure Prophylaxis for HIV Infection</b>		+	Preexposure prophylaxis with effective antiretroviral for those at high risk
<b>STI (screening &amp; counseling)</b>		+	High-Intensity Counseling Interventions
<b>Syphilis (non-pregnant persons)</b>		+	RPR or VDRL
<b>Syphilis (pregnant persons) †</b>	√		RPR or VDRL
<b>Gonorrhea (females)</b>		+	NAATs; test if ≤ 24 and sexually active or if ≥ 25 and at increased risk
<b>Chlamydia (females)</b>		+	NAATs; test if ≤ 24 and sexually active or if ≥ 25 and at increased risk
Chlamydia & Gonorrhea (male)		+	√ Bright Futures, USPSTF insufficient evidence
Birth Control Methods	√	+	√ ACOG, + Bright Futures
Pregnancy (counseling)		+	+ Bright Futures
<b>Cancer Screening</b>			
<b>Cervical Cancer †</b>		+	Females aged 21-29: Cytology (pap smear) every 3 years
<b>Skin Cancer (counseling)</b>		+	Counsel those aged 10-24 years with fair skin on reducing UV exposure
Testicular Cancer (self-clinician exam)	√		√ Bright Futures for all males 18-21, USPSTF recommends against
<b>BRCA-Related Cancer</b>		+	Family Hx of breast, ovarian, tubal, or peritoneal cancer
<b>Infectious Diseases including CDC Vaccine Recommendations</b>			
<b>Hepatitis A</b>	√		Havrix or Vaqta: 2 doses; Twinrix (18+ y/o): 3-4 doses
<b>Hepatitis B Screening/vaccination</b>		+	If at increased risk: screening/counseling (USPSTF) & Vaccination (ages 19+),
<b>Hepatitis C Screening</b>	√		Anti-HCV antibody testing, polymerase chain reaction testing
<b>Influenza</b>	√		1 dose annually
<b>Td/Tdap</b>	√		1 dose Tdap, then Td booster every 10 years
<b>COVID-19</b>			See <a href="#">CDC recommendations</a> , given frequent changes in recommendations.
<b>Catch up vaccines:</b> Consult the <a href="#">CDC recommendations</a> for catch-up vaccines in young adults: Hepatitis B; Human Papillomavirus; Measles, Mumps, Rubella; Meningococcal Quadrivalent; Serogroup B Meningococcal; Varicella			

**Bold = US Preventive Services Task Force (USPSTF) A or B Recommendation or CDC recommendations for immunizations.**

*Insufficient evidence: Current evidence is insufficient to assess the balance of benefits and harms of service.*

√ = All adolescents; + = Adolescents at risk.

\* [Bright Futures](#): recommendations are for annual visits, for ages 18- 21.

\*\* [American Congress of Obstetricians and Gynecologists](#) (ACOG) recommendations, up to age 26.

† Update of recommendation in progress

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See [Supplement document](#) for funding sources.