

OHIO

Results from Clinical Arm of AYA-BH CoIN



Demographics

1 PRACTICE

- Viking School Based Health Center

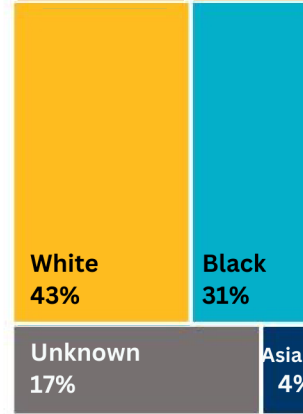
70 PATIENT VISITS REVIEWED



59% female
41% male

Age	% of Visits
12-17	94%
18-25	3%

Racial Distribution

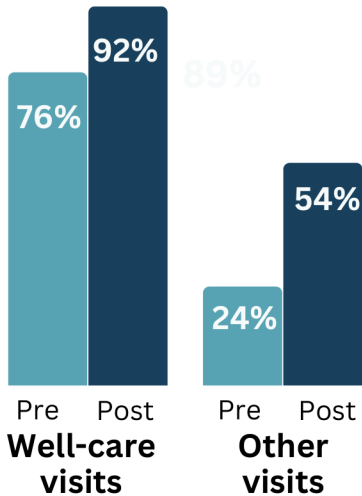


59% well-care visits
41% other visits

90% in-person
10% telehealth

Depression Screening

Screening Increased



Most common screening tool
PHQ
100% of screens

63% of youth screened were **positive** for depression

Follow-up Plans

88% of youth who screened **positive** for depression had a follow-up plan

89% of youth with a plan included in-office follow-up

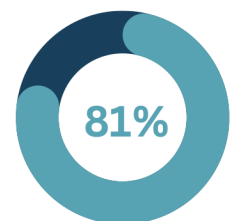
Proportion of youth that attended their follow-up visit increased

56% → 100%

Depressed patients with in-office follow-up only

4% of youth with a plan were referred out of practice

3% of patients declined services





Collaboration

Mental Health Professionals



Mental health and primary care are co-located and function as one integrated system

Community Programs



Would like to develop relationships with mentoring programs to support youth with depression

Practice Changes

- Began universal depression screening starting at age 12 using the Patient Health Questionnaire
- Scheduled a date with youth to follow-up internally after a positive depression screen
- Explored other opportunities to follow-up with patients who screen positive for depression

Practices' Needs



- Posters, handouts, brochures, and social media content that promote the importance of an annual well visit that includes mental health assessment



- Up-to-date list of mental health providers, family and peer support programs, youth recreation and mentor programs

- Tools to gather feedback from youth and families on quality of care

- Convene primary care, school, and community providers to promote collaboration in caring for youth with depression



- Establish mechanisms for on-going collaboration between public health and primary care to address youth mental health

Prepared by the National Improvement Partnership Network (NIPN) for the Ohio Title V participants in the Adolescent and Young Adult Behavioral Health CoIN (AYA-BH CoIN).