

ARIZONA

Results from Clinical Arm of AYA-BH CoIN



10 PRACTICES

- Banner Health (Chandler)
- Banner Health Maricopa
- Fort Mohave Indian Health Center
- Gilbert Pediatrics
- Healing Hearts Pediatrics
- Mesquite Pediatrics
- North Scottsdale Pediatrics
- Pediatric Multicare West
- St. Joseph's Pediatrics
- Whiteriver Indian Hospital

Patients and Visits

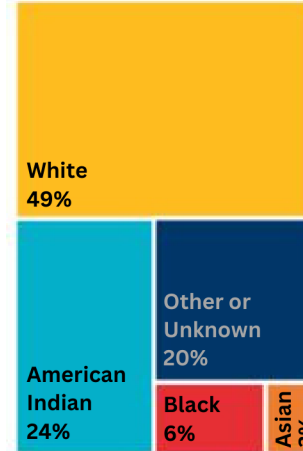
941
PATIENT
VISITS REVIEWED



55% female
45% male

Age	% of Visits
12-17	85%
18-25	15%

Racial Distribution



45% well-care visits

55% other visits



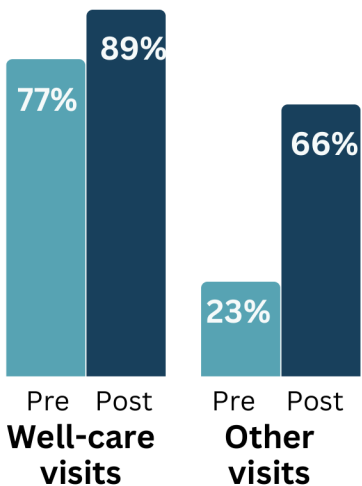
97% in-person



3% telehealth

Depression Screening

Screening Increased



Most common screening tool

PHQ

87% of screens



20% of youth screened were **positive** for depression

Follow-up Plans

95% of youth who screened **positive** for depression had a follow-up plan



49% of youth with a plan included follow-up within the practice

Confirmation of follow-up within practice increased **42% → 71%**

Depressed patients with in-office follow-up only



47% of youth with a plan were referred out of practice

Confirmation of referrals increased **8% → 44%**

Number of Referrals

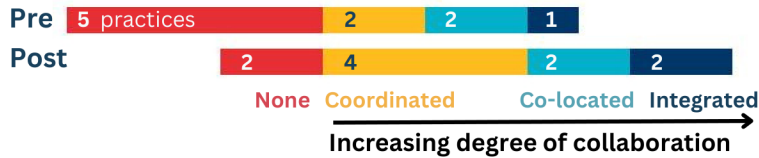


5% of patients declined services



Collaboration

Increased collaboration between primary care and mental health professionals



30%

have relationships with schools



20%

have relationships with mentoring programs

Practice Changes

- Began universal depression screening starting at age 12
- Screened youth for depression at non-well visits (e.g. acute, chronic care, medication checks)
- Improved documentation of depression screening results in patient chart
- Incorporated prompts to remind clinician to screen for depression (e.g. EMR prompt, daily huddles)
- Defined processes to monitor follow-up for youth with positive depression screens

Arizona Practices' Needs

Community Resources



- Up-to-date list of mental health providers, family and peer support programs, youth recreation and mentor programs
- Relationships with school and community based providers of services for mental health concerns

Support for Youth and Families



- Posters, handouts, brochures, and social media content that promotes the importance of mental health
- Tools to gather feedback from youth and families on quality of care

Support for Clinicians



- Establish a Child Psychiatry Access Program
- Establish mechanisms for on-going collaboration with primary care to address youth mental health

Prepared by the National Improvement Partnership Network (NIPN) for the Arizona Title V participants in the Adolescent and Young Adult Behavioral Health CoIN (AYA-BH CoIN).

May 2023