

Preventive Service/Intervention	All (√)	At Risk (+)	Screening Test/Procedure and Other Notes
<b>Nutrition/Exercise/Obesity/Skeleton</b>			
Hypertension/Blood Pressure †	√		√ Bright Futures*, <i>USPSTF insufficient evidence</i>
<b>Obesity/BMI †</b>	√		<b>Screen ages 6-18 years; offer/refer to behavioral counseling</b>
Healthy diet & physical activity	√		√ Bright Futures and National Heart, Lung & Blood Institute** (NHLBI)
Scoliosis	√		√ Bright Futures, <i>USPSTF insufficient evidence</i>
Dyslipidemia	√	+	√ Bright Futures: one screening ages 9-11 & ages 17-21; + NHLBI with family risk factors; <i>USPSTF insufficient evidence</i>
<b>Substance Use</b>			
Alcohol (screening & counseling)	√		√ Bright Futures, <i>USPSTF insufficient evidence</i>
<b>Tobacco (education &amp; counseling)</b>	√		<b>Screen up to age 18; brief counseling to prevent initiation of tobacco use</b>
Unhealthy Drug Use (screening & counseling)	√		√ Bright Futures* and ACOG**, <i>USPSTF insufficient evidence</i>
<b>Mental Health</b>			
<b>Anxiety</b> (screening & treatment)	√		<b>Screen for anxiety ages 8 to 18 years; offer/refer for treatment</b>
<b>Depression</b> (screening & treatment)	√		<b>Screen for MDD ages 12+ w/adequate follow-up systems for care</b>
Suicide Screening	√		√ Bright Futures and ACOG,*** <i>USPSTF insufficient evidence</i>
<b>Safety / Violence</b>			
<b>Intimate Partner Violence (screening &amp; intervention) †</b>	√		<b>Screen women of reproductive age; Offer/refer to intervention services</b>
Fighting	√		√ Bright Futures and ACOG
Helmets	√		√ Bright Futures and ACOG
Seat Belts	√		√ Bright Futures and ACOG
Guns	√		√ Bright Futures and ACOG
Bullying	√		√ Bright Futures only
<b>Sexual/Reproductive Health</b>			
<b>HIV Screening</b>	√	+	<b>USPSTF: screen all youths ages 15-18; screen ages ≤ 15 at increased risk</b>
<b>Preexposure Prophylaxis for HIV Infection</b>		+	<b>Preexposure prophylaxis for those at high risk</b>
<b>STI (screening &amp; counseling)</b>		+	<b>Behavioral counseling for all sexually active adolescents</b>
<b>Syphilis (non-pregnant persons)</b>		+	<b>VDRL or RPR, treatment if indicated</b>
<b>Syphilis (pregnant persons) †</b>	√		<b>VDRL or RPR, treatment if indicated</b>
<b>Gonorrhea (females)</b>		+	<b>NAATs; test if ≤ 24 and sexually active</b>
<b>Chlamydia (females)</b>		+	<b>NAATs; test if ≤ 24 and sexually active</b>
Chlamydia & Gonorrhea (male)		+	√ Bright Futures, <i>USPSTF insufficient evidence</i>
Birth Control Methods	√	+	√ ACOG, + Bright Futures
Pregnancy (counseling)		+	+ Bright Futures
<b>Cancer Screening</b>			
<b>Skin Cancer (counseling)</b>		+	<b>Counsel adolescents ages 10-18 with fair skin on reducing UV exposure</b>
<b>Infectious Diseases, including CDC Vaccine Recommendations</b>			
<b>Adolescent-specific vaccinations</b>			
<b>Hepatitis B screening</b>		+	<b>Screening, counseling to prevent transmission, and treatment if indicated</b>
<b>Human Papilloma Virus</b>	√		<b>HPV vaccine for male and females up to age 26; 2-3 lifetime doses</b>
<b>Influenza</b>	√		<b>1 dose annually</b>
<b>Meningococcal Quadrivalent</b>	√		<b>2-dose series at age 11–12 years; 16 years</b>
<b>Serogroup B Meningococcal</b>		+	<b>Men B vaccine (2 or 3 dose series) to those 16-23 years old</b>
<b>Td/Tdap</b>	√		<b>1 dose Tdap, then Td booster every 10 years</b>
<b>COVID-19</b>			See <a href="#">CDC recommendations</a> , given frequent changes in recommendations.
<b>Catch-up vaccines:</b> Consult <a href="#">CDC recommendations</a> for catch-up vaccines in adolescence: Hepatitis A; Hepatitis B; Measles, Mumps, Rubella; Pneumococcal; & Varicella.			

**Bold = US Preventive Services Task Force (USPSTF) A or B Recommendation or CDC recommendations for immunizations.**

*Insufficient evidence: Current evidence is insufficient to assess the balance of benefits and harms of service.* √ = All adolescents; + = Adolescents at risk.

\* **Bright Futures:** recommendations for annual visits up to age 21.

\*\***National Heart, Lung & Blood Institute.** Integrated Cardiovascular Health Schedule, recommendations ages 12-17.

\*\*\* **American Congress of Obstetricians and Gynecologists (ACOG)** recommendations, up to age 26.

† = Update of recommendation in progress

**Cite as:** Adolescent & Young Adult Health National Resource Center (AYAH-NRC) and Adolescent & Young Adult Health Research Network (AYAH-RN) (2023). *Summary of Clinical Preventive Services Guidelines for Adolescents.* SF, CA: AYAH-NRC & AYAH-RN, UCSF.

See [Supplement document](#) for funding sources.