

CALIFORNIA

Results from Clinical Arm of AYA-BH CoIN



9 PRACTICES

- Adventist Health Ukiah Valley Family Medicine
- BASS Felicity Pediatrics
- East Bay Pediatrics
- LifeLong Medical Care Elmhurst School Based Health Center
- Midtown Pediatrics
- Pediatric Wellness Group
- San Diego Youth Services
- Stanford Children's Health Teen Van
- UBCP Laurel Heights Pediatrics & Adolescent Care

Patients and Visits

765
PATIENT
VISITS REVIEWED

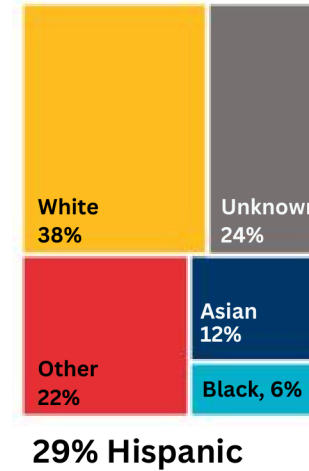


55%
female

45%
male

Age	% of Visits
12-17	85%
18-25	15%

Racial Distribution



41% well-care visits

59% other visits



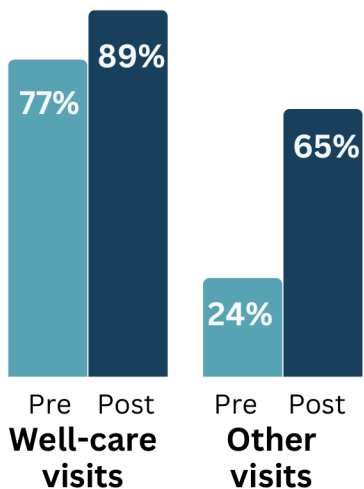
79%
in-person



21%
telehealth

Depression Screening

Screening Increased



Most common screening tool

PHQ

85% of screens



25%
of youth screened were **positive** for depression

Follow-up Plans

91% of youth who screened **positive** for depression had a follow-up plan



89% of youth with a plan included follow-up within the practice

Confirmation of follow-up within practice increased **74% → 89%**

Depressed patients with in-office follow-up only



31% of youth with a plan were referred out of practice

Confirmation of referrals increased **44% → 64%**

Number of Referrals



2% of patients declined services



Collaboration



71%

have relationship with
child psychiatrists



14%

are satisfied with where
they refer for child
psychiatry evaluations



43%

have relationships
with schools



57%

want relationships with
mentoring programs

Practice Changes

- Began universal depression screening starting at age 12
- Made screening workflow more efficient
- Screened at non-well visit types
- Ensured clinician had immediate access to screening results
- Improved documentation of screening results in medical record
- Started screening for suicide and/or anxiety
- Started prescribing anti-depressants
- Applied for funding for depression care coordinator

California Practices' Needs

Community Resources



- Up-to-date list of mental health providers, family and peer support programs, youth recreation and mentor programs
- Relationships with school and community based providers of services for mental health concerns

Support for Youth and Families



- Posters, handouts, brochures, and social media content that promotes the importance of mental health
- Tools to gather feedback from youth and families on quality of care

Support for Clinicians



- Advocate for policies that support the integration of mental health and primary care
- Establish mechanisms for on-going collaboration with primary care to address youth mental health

Prepared by the National Improvement Partnership Network (NIPN) for the California Title V participants in the Adolescent and Young Adult Behavioral Health CoIN (AYA-BH CoIN).

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