OHIO

Demographics

1 PRACTICE
- Viking School Based Health Center

70 PATIENT VISITS REVIEWED

59% female
41% male

Age	% of Visits
12-17	94%
18-25	3%

Racial Distribution

White 43%
Black 31%
Unknown 17%
Asian 4%

36% Hispanic
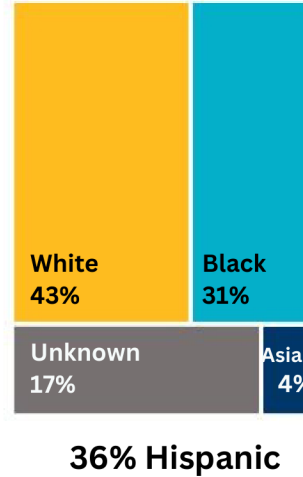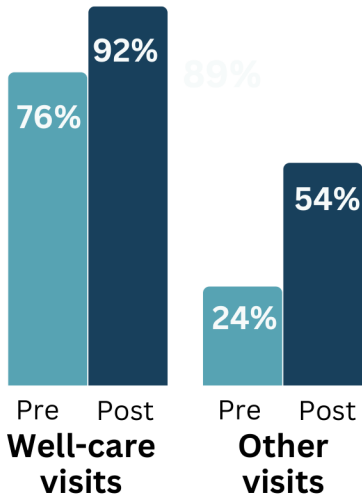
59% well-care visits
41% other visits

90% in-person
10% telehealth

Depression Screening

Screening Increased

76% Pre / 92% Post — Well-care visits
24% Pre / 54% Post — Other visits
89%

Most common screening tool PHQ
100% of screens

63% of youth screened were positive for depression

Follow-up Plans

88% of youth who screened positive for depression had a follow-up plan
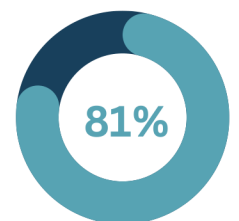
89% of youth with a plan included in-office follow-up

Proportion of youth that attended their follow-up visit increased

56% → 100%

Depressed patients with in-office follow-up only
81%

4% of youth with a plan were referred out of practice

3% of patients declined services

Collaboration

Mental Health Professionals

Mental health and primary care are co-located and function as one integrated system

Community Programs

Would like to develop relationships with mentoring programs to support youth with depression

Practice Changes

- Began universal depression screening starting at age 12 using the Patient Health Questionnaire

- Scheduled a date with youth to follow-up internally after a positive depression screen

- Explored other opportunities to follow-up with patients who screen positive for depression

Practices' Needs

- Posters, handouts, brochures, and social media content that promote the importance of an annual well visit that includes mental health assessment

- Up-to-date list of mental health providers, family and peer support programs, youth recreation and mentor programs

- Tools to gather feedback from youth and families on quality of care

- Convene primary care, school, and community providers to promote collaboration in caring for youth with depression

- Establish mechanisms for on-going collaboration between public health and primary care to address youth mental health

May 2023

Adolescent & Health Young Adult National Resource Center