

ADOLESCENT and YOUNG ADULT
HEALTH RESEARCH NETWORK

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AYAH-RN: GOALS TO ADVANCE RESEARCH AND PRACTICE

To develop and maintain a transdisciplinary multi-site research network that will:

1. Accelerate the translation of research into MCH Adolescent & Young Adult (AYA) practice
2. Promote scientific collaboration
3. Develop additional research capacity in the AYA health field

ADOLESCENT AND YOUNG ADULT HEALTH RESEARCH NETWORK

First established at University of California, San Francisco (UCSF) in 2014:

- Elizabeth M. Ozer, PhD, PI
- Charles E. Irwin, Jr., MD, Co-PI
- Carlos Penilla, DrPH, Co-Investigator
- Alison Giovanelli, PhD, Network Coordinator
 - (Jane Park, MPH long-time contributor)

http://nahic.ucsf.edu/research_network/

ADOLESCENT and
YOUNG ADULT

HEALTH
RESEARCH NETWORK



Family  Voices of California

COLLECTIVELY, **THE TEAM** REPRESENTS

Established leaders in the field:

- Leaders in **transdisciplinary research** addressing different settings and service populations
- Major convening of **practitioners & researchers**
- Training programs
 - 100+ **clinics** serving **diverse AYAs**
 - **New leaders** in the field

AYAH-RN: AYAH-RN: 2022-2027

Primary research foci to advance research & practice:

1. Models of Care
 2. Youth in Transition
 3. Health Equity
 4. Current Trends
- Cross-cutting themes: health equity & engaging AYAs, families, and communities



Review article

Research on Clinical Preventive Services for Adolescents and Young Adults: Where Are We and Where Do We Need to Go?



Sion K. Harris, Ph.D.^{a,b}, Matthew C. Aalsma, Ph.D.^c, Elissa R. Weitzman, Sc.D., M.Sc.^{a,b},
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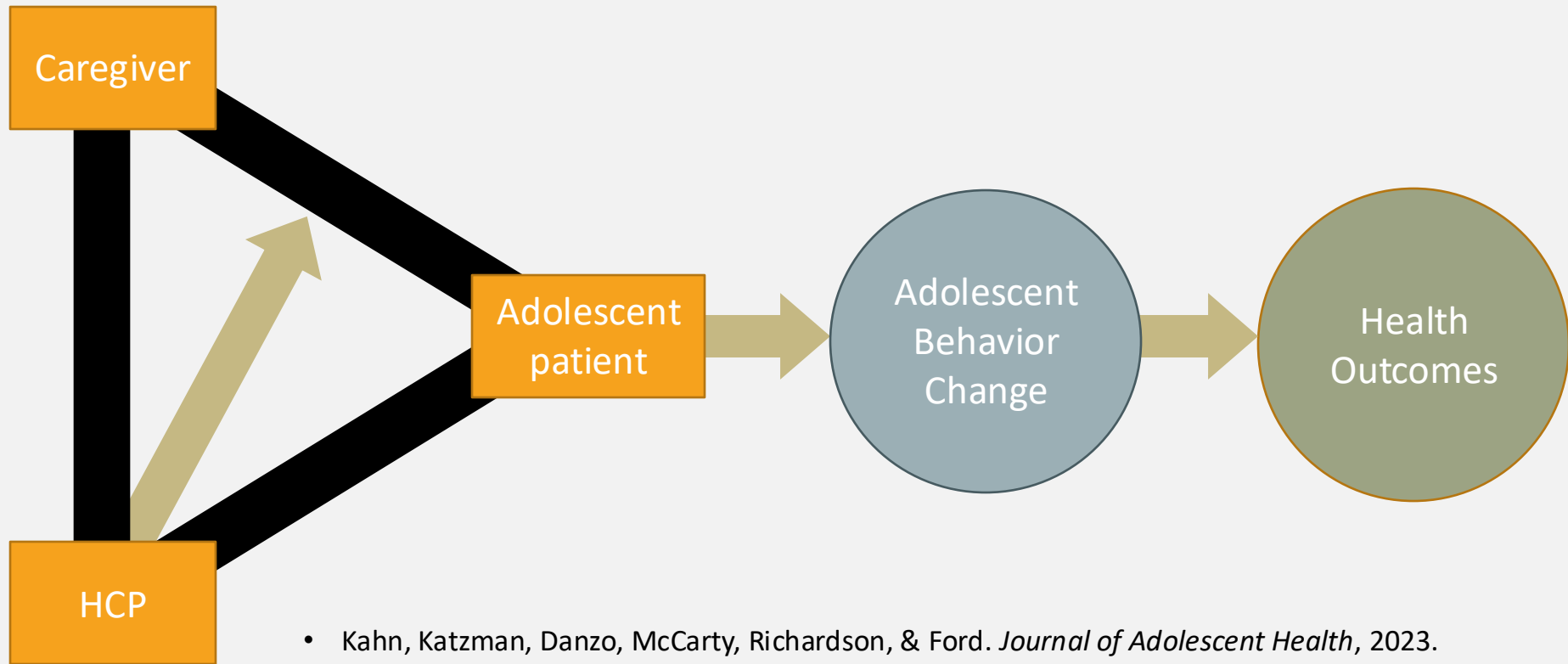
PRIORITIZING PARENTS IN OUR RESEARCH AGENDA

- Parent-focused recommendations:
 - Clarify the role of the health care system, and of parents, in supporting healthy developmental transitions for adolescents and young adults.
 - Implement developmentally and culturally appropriate strategies to engage parents in the clinical encounters of AYAs and evaluate their effects on the receipt of clinical preventive services and health outcomes.

FOCUS ON PARENTS & FAMILIES

- AYA-RN parent engagement workgroup: Developing models for engaging parents in primary care setting
 - Engagement of Leaders Across AYA Health Field and Multiple LEAHS
 - Utilizing Technology
 - S. Harris, PhD, Boston Children's Hospital, Harvard University
 - M. Aalsma, PhD, Indiana University
 - E. Ozer, PhD & C. Penilla, DrPH, UCSF
 - R. Sieving, PhD, RN & C. Mehus, PhD, University of Minnesota
 - C. Ford, MD, Children's Hospital of Philadelphia, University of Pennsylvania
 - C. McCarty, PhD & L. Richardson, MD, MPH, Seattle Children's Hospital, University of Washington

TRIADIC FRAMEWORK FOR ADOLESCENT HEALTHCARE



- Kahn, Katzman, Danzo, McCarty, Richardson, & Ford. *Journal of Adolescent Health*, 2023.
- Ford, Davenport, Meier, & McRee. *Journal of Adolescent Health*, 2011.

PREVENTIVE INTERVENTIONS

- Formative research & design for a **parenting / caregiver tools / resources intervention** in the primary care setting
 - **CDC/NORC Teen and Parent Surveys of Health-(TAPS)**: National “needs assessment” on interests and preferred modes of communication of caregivers

THE TEEN AND PARENT SURVEYS OF HEALTH (TAPS)

- Limited national data on protective factors, health education, and **health services** to inform programmatic efforts to bolster adolescents' health and well-being.
- In 2022, the U.S. Centers for Disease Control and Prevention in collaboration with NORC at the University of Chicago, administered the Teen and Parent Surveys of Health (TAPS) to address this gap

AYAH-RN WORKSHOP AGENDA
TAPS: PERSPECTIVES ON INFORMATION, RESOURCES,
CONFIDENTIALITY, AND SENSITIVE TOPICS IN PRIMARY CARE

- **Overview of the TAPS**

Sanjana Pampati, MPH, Health Scientist, Division of Adolescent and School Health, Centers for Disease Control and Prevention

- **TAP Analyses: adolescent, parent, and dyad data**

- Teen and Parent Surveys: Sources of Health Information for Adolescents

John Santelli MD, MPH, Professor, Mailman School of Public Health and College of Physicians and Surgeons, Columbia University

- Parents' experiences and preferences for information and resources from adolescents' primary care providers

Elizabeth Ozer, PhD, Professor of Pediatrics and Associate Vice Provost, Faculty Equity, UCSF

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- **TAPS Analyses**

- Time Alone During Adolescent Preventive Visits: Increasing Adolescent Comfort

Renee Sieving, PhD, RN, FAAN, FSAHM, Professor and Pauline A Vincent Chair in Public Health Nursing, School of Nursing, University of Minnesota

- **Discussion about the implications of these findings for research and practice**

Facilitated by Carol A. Ford, MD, Children's Hospital of Philadelphia, Professor of Pediatrics, Perelman School of Medicine of the University of Pennsylvania